



The UNIVERSITY of OKLAHOMA

Department of Enterprise Risk Management

Second Quarter Newsletter: April 2024

EXCITING NEW INFORMATION

ABOUT SAFETY AND TRAINING AIDS

Enterprise Risk Management is excited to announce that we have new resources with helpful safety information. Our new insurance broker provides a resource service portal for various types of safety training courses, online enrollment, recorded trainings, printable information and posters for a wide range of safety subjects and protocols.

If your department or group is in need of additional information about Slips and Falls, Environmental Safety Concerns, Noise Exposure Safety, Defensive Driving and many more subjects, please let us know. Many of the courses are assignable and an invitation can be sent to the requester. This newsletter, we will focus on some of the condensed teachings to provide a peek into the possibilities.



Defensive Driving Tips

Defensive Driving is designed to heighten a driver's awareness of situations around them while driving. The goal of defensive driving is to save lives and prevent property loss through collision prevention techniques. Defensive driving focuses on the awareness of the road and weather conditions and the actions of other drivers.

Some of the principals of defensive driving aim to make the driver:

- Knowledgeable of and compliant with all traffic regulations
- Understanding of safe following distances
- Aware of traffic conditions around the vehicle
- Alert for possible errors or illegal acts of others
- Alert for pedestrians and bike riders
- Willing to yield the right-of-way to avoid an accident
- Careful to adjust driving for road, weather, and traffic conditions

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HEAT ILLNESS PREVENTION

Prevention

- Make sure to hydrate
- Take breaks/rest
- Seek Shade
- Eat Light Meals before work
- Monitor weather and Acclimate

Recognition

- Muscle cramps
- Headache
- Sweating
- Rapid Pulse
- Red/dry hot skin
- Nausea

Response

- Remove Excess Clothing
- Apply Cold Compress
- Provide Fluids, if able to drink
- Use Cooling Measures, air-conditioning if available
- Elevate Feet

Incase of Medical Emergency/Heat Stroke call 911

SO MANY OTHER TOPICS TO EXPLORE
ACCIDENT PREVENTION *ACTIVE THREATS
SAFETY WITH EQUIPMENT AND CHEMICALS
HAND AND POWER TOOLS * KITCHEN SAFETY
BACK SAFETY *WELLNESS



Reminder! Reminder! Register Your Summer International Travel!

As we gear up for the summer season, remember to register your international travel plans at <https://www.ou.edu/travel>. Whether you're embarking on international research trips, attending conferences, or representing OU abroad, registering your foreign travel ensures compliance with the University's [International Travel Registration Policy](#).

By registering your travel, you will be provided with travel resources from various departments, and travel alerts from our office in case of elevated-risk events. Through travel registrations, we can provide a more accurate travel profile for annual reporting to the State of Oklahoma.

Visit the University's Travel Registration Portal today to input your itinerary and relevant details. If you have any questions or need assistance, please don't hesitate to reach out to Courtni Covington at courtnicovington@ou.edu

Safe travels and thank you for your continued cooperation!

CONTACT US

In the event of an accident or incident, the need for risk assessment, or if you just want to know more about risk management, contact us or come by anytime.

Our office is open weekdays: 8 AM to 5 PM.

You can reach us at: (405) 325-2490
norman-riskmanagement@ou.edu

Check out our Website: ou.edu/risk

Book a RoadShow: tinyurl.com/Schedule-a-Roadshow
 Quick Reporting: ou.edu/risk/quick-reporting-aid

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