

Cian Loren Brown, PhD, LPC-S, NCC, CCAT, BCN-Fellow

820 Van Vleet Oval
Norman, OK 73019

Collings Hall; RM 306
clbrown@ou.edu

- Education**
- University of Arkansas**, Fayetteville, Arkansas
Ph.D. in Counselor Education, CACREP-Accredited
Graduation: May 2021
Brown, C. L., (2021). *An Adventure Therapy Mountain Bike Program for Middle School Students: A Pilot Study* [Doctoral dissertation, University of Arkansas].
<https://scholarworks.uark.edu/etd/4028>
- Master of Science in Statistics and Analytics
Graduation: Dec. 2023
Brown, C. L., (2023). *Analyses of Effect Indices Across Single-Case Research Designs in Counseling* (Publication No. 30816434) [Master thesis, University of Arkansas]. ProQuest Dissertations & Theses Global.
<https://www.proquest.com/openview/773722aca8ee337591e793359d724647/1?pq-origsite=gscholar&cbl=18750&diss=y>
- University of North Texas**, Denton, Texas.
Master of Science in Counseling, CACREP-Accredited
Graduation: Dec. 2014
- Texas A&M University**, College Station, Texas
Bachelor of Science in Psychology
Graduation: May 2011

Credentials

Licensed Professional Counselor

- Texas #73952 Inactive
- Arkansas #P1801003 Active from 01/09/2018 to 05/31/2025
 - Approved Supervisor Status
- Oklahoma #10568 Active from 02/11/2022 to 02/29/2024

Nationally Certified Counselor; #341397 2014 - present
Board Certified in Neurofeedback; #E5760/AF-23 2015 – 2028
Certified Clinical Adventure Therapist 2023 – 2026
NOLS Wilderness First Responder 2023 – 2025

Research Experience

Peer- Reviewed Publications

- Brown, C. L.,** Christian, D. D., & Crowson, H. M. (2023). Effects of an Adventure Therapy Mountain Bike Program on Middle School Students' Resiliency. *Journal of Child and Adolescent Counseling*, 9(2), 222-241. <https://doi.org/10.1080/23727810.2023.2229084>
- Brown, C. L.,** Peltier, C. J., Lee, D. Y., Webster, F. R., & Shabibi, A. A. (2023). A Systematic Review of Single Case Research Design Graph Construction in Counseling. *Measurement and Evaluation in Counseling and Development*.
<https://doi.org/10.1080/07481756.2023.2189123>
- Brown, C. L.,** Christian, D. D., Reese, R. F., & Bellegarde, N. (2023). Using the AT-EcoWellness Framework to Increase the Intentional use of Nature in Adventure Therapy. *The Journal for Specialists in Group Work*, 48(3), 229-247.
<https://doi.org/10.1080/01933922.2023.2190780>
- Smarinsky, E. C., **Brown, C. L.,** & Popejoy, E., (2023). Recommendations for Counselor Education and Supervision programs based on doctoral student's gatekeeping experiences. *Journal of Counselor Preparation and Supervision*, 17(1).

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<https://digitalcommons.sacredheart.edu/jcps/vol17/iss1/6>

- Brown, C. L.,** Fernando, D. M., & Robbins, R. R., (2023). Turtle Island: Working with Indigenous Grandparents and their Grandchildren in Group Counseling. *Journal of Indigenous Research*, 10(2022). <https://digitalcommons.usu.edu/kicjir/vol10/iss2022/11>
- Brown, C. L.,** Peltier, C. J., & Lee, D. Y., (2022). Methodological guidance for single-case graph construction in counseling outcome and research program evaluation. *Counseling Outcome Research and Evaluation*, 14(2), 157-166. <https://doi.org/10.1080/21501378.2022.2136569>
- Brown, C. L.,** Smarinsky, E. C., McCarty, D. L., & Christian, D. D., (2022). Student Experiences of an Adventure Therapy Mountain Bike Program During the COVID-19 Pandemic. *Journal of Adventure Education & Outdoor Learning*, 22(4), 313-341. <https://doi.org/10.1080/14729679.2022.2100430>
- Smarinsky, E. C., **Brown, C. L.,** & Christian, D. D., (2022). Examining the effects of a mindfulness-based intervention using a neurofeedback device on adolescent introspection: A quasi-experimental time-series design. *Counseling Outcome and Research Evaluation* 14(1), 43-57. <https://doi.org/10.1080/21501378.2021.2017770>
- Broadwater, A., **Brown, C. L.,** & Moore, M., (2022). An Integrative Pedagogical Approach to Teaching Counseling Supervision. *Journal of Counselor Preparation and Supervision*, 15(2), 1-26. <https://digitalcommons.sacredheart.edu/jcps/vol15/iss2/3>
- Brown, C. L.,** Broadwater, A. R., & Christian, D. D., (2021). The power of kawa: Metaphor in counseling supervision. *Journal of Creativity in Mental Health*. <https://doi.org/10.1080/15401383.2021.1950093>
- Christian, D. D., McMillion, P., **Brown, C. L.,** Schoonover, T. J., & Miller, B. A. (2021). Using adventure therapy to improve self-efficacy of middle school students. *Journal of School Counseling*, 19(26), 1-44. <http://www.jsc.montana.edu/articles/v19n26.pdf>
- Christian, D. D., McCarty, D. L., & **Brown, C. L.** (2021). Navigating adventure therapy: Using Adlerian theory as a guide. *Journal of Individual Psychology*, 77(3), 374-388. <https://doi.org/10.1353/jip.2021.0026>
- Christian, D. D., McCarty, D. L., & **Brown, C. L.** (2021). Experiential education during the COVID-19 Pandemic: A Reflective Process. *Journal of Constructivist Psychology*. 34(3), 264-277. <https://doi.org/10.1080/10720537.2020.1813666>
- Brown, C. L.,** Vajda, A. J. & Christian, D. D. (2020). Preparing Counselor Education and Supervision Doctoral Students Through an HLT Lens: The Importance of Research and Scholarship. *The Professional Counselor*. 10(4), 501-516. <https://doi.org/10.15241/clb.10.4.501>
- Christian, D. D., **Brown, C. L.,** Portrie-Bethke, T. L. (2019). Group climate and development in adventure therapy: An exploratory study. *The Journal for Specialists in Group Work*, 44(1), 25-45. <https://doi.org/10.1080/01933922.2018.1561776>
- Christian, D. D. & **Brown, C. L.** (2018). Recommendations for the role and responsibilities of school-based mental health counselors. *Journal of School-Based Counseling Policy and Evaluation*, 1(1), 26-39. <https://doi.org/10.25774/nmfk-y245>

Under Review

- Christian, D. D., **Brown, C. L.,** McCarty, D. L., Crowson, H. M., & Bellegrade, N., Promoting Social-Emotional Learning Through Adventure Therapy Groups. *Journal of Adventure Education & Outdoor Learning*
- Fernando, D. M., **Brown, C. L.,** & Robbins, R. An Earth-Centered Psycho-Educational Group Experience for Native American College Students. *Journal of Experiential Education*
- Christian D. D., **Brown, C. L.,** & Smarinsky, E. C., A neurofeedback device to reduce high

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school student anxiety using a single-case research design. *Journal of Counseling and Development*

Brown, C. L., Lewis, O. J., McCarty, D. L., Ketchum, K., & Fox, S. B., Adventure therapy promotes high school student leadership. *Journal of Adventure Education & Outdoor Learning*

Brown, C. L., Peltier, C., Smarinsky, E. C., Lewis, O. J., & Lee, D. Y., A Review of Counseling Research Using Single-Case Research Design. *Journal of Counseling and Development*

Peltier, C., Smarinsky, E. C., **Brown, C. L.**, Lewis, O. J., & Lee, D. Y., A Review of Visual Analysis Among Counseling Single-Case Research. *Measurement and Evaluation in Counseling and Development*

In Progress

Brown, C. L., McMillion, P., McLain, J. R. & Christian, D. D., Navigating adventure therapy: Using Existential theory as a guide. *Journal of Humanistic Counseling*

McClain, J. R., McKenzie, S. E., Russo, G. M., & **Brown, C. L.**, The Effectiveness of Adventure Therapy with Anxiety Spectrum Disorders: A Meta-Analysis.

Brown, C. L., Crowley, C. J., & Hunter, S. M., Adventure Therapy on the Brain: Exploration of Three Case Studies Through a Trauma-Informed Lens

Heddy, B. C., **Brown, C. L.**, Gill, K. S., Gowell, J., & Spears, M. Urban Middle Schoolers' Experiences of an Outdoor Adventure Education Program to Facilitate Motivation and Resilience.

Peer-Reviewed Presentations

National/International

Gill, K. S., Heddy, B. C., **Brown, C. L.**, Gowell, J. E., & Spears, M. (2024, April) *Developing Motivation and Resilience through Outdoor Adventure Education: An Innovative Approach to Teaching Educational Psychology*. [Poster]. American Educational Research Association, Philadelphia, PA

Smarinsky, E. C. & **Brown, C. L.** (2023, October), *Addressing Counseling Student's Cognitive Bias in the Classroom*. Association for Counselor Education and Supervision, Denver, CO, USA.

Brown, C. L., Broadwater, A., & Christian, D. D. (2023, October), *The Kawa Model: The Power of Metaphor in Counseling Supervision*. Association for Counselor Education and Supervision, Denver, CO, USA.

Gill, K. S., Heddy, B. C., **Brown, L. C.**, & Gowell, J. E. (2023, October), *Beyond Four Walls: Cultivating Motivation in Nature's Classroom*. [Poster]. Scholarly Consortium for Innovative Psychology in Education, Portland, OR.

Brown, C. L., Smarinsky, E. C., & Lewis, O. (2023, September), *Single-case Research in Counseling, where do we go from here?* Association for Assessment and Research in Counseling Conference, Nashville, TN, USA.

Lewis, O., Toomey, M. & **Brown, C. L.** (2023, September), *Intervention research in counselor education: Using visual analysis in single case designs*, Association for Assessment and Research in Counseling Conference, Nashville, TN, USA.

McClain, J. R., McKinzie, S. E., Russo, G. M., & **Brown, C. L.** (2023, September). *Evaluating the efficacy of adventure therapy on anxiety spectrum disorders: A meta-analysis* [Poster Presentation]. Association for Assessment and Research in Counseling Conference, Nashville, TN, USA.

Brown, C. L., Christian, D. D., & Reese, R. F. (2023, July), *Planning on Purpose: Using the AT-EcoWellness Framework to Integrate Nature in Practice*. Adventure Therapy Best

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- Practices Conference, Portland, OR, USA.
- Heddy, B. C., **Brown, C. L.**, Gill, K. S., Spears, M., & Gowell, J. E. (2023, April), *Designing an Adventure Sports Program to Facilitate Motivation and Resilience in Middle School Kids*. National Consortium for Instruction and Cognition, Chicago, IL.
- Brown, C. L.**, Smarinsky, E. C. & Peltier, C. (2022, September), *A Graph Paints 1000 Words but are They Valid?: A Systematic Review of SCRD Graphs*. Association for Assessment and Research in Counseling Conference, St. Louis, MO, USA.
- Smarinsky, E. C. & **Brown, C. L.** (2022, September), *Use of Personality Assessment in the Classroom: Implications and Potential Applications in Counselor Education*. Association for Assessment and Research in Counseling Conference, St. Louis, MO, USA.
- Brown, C. L.** & Portrie, T. L. (2022, June), *Effects of an Adventure Therapy Mountain Bike Program*. 9th International Adventure Therapy Conference, Kristiansand/Hovden, Norway.
- Portrie, T. L. & **Brown, C. L.** (2022, June), *Your Rock, Your Home, Your Center: Using metaphor to create psychological safety*. 9th International Adventure Therapy Conference, Kristiansand/Hovden, Norway.
- Brown, C. L.**, McCarty, D. L., & Christian, D. D. (2022, Feb.), *Using the Adventure Wave to Guide Experiential Learning in Online Instruction*. 2022 Association for Specialists in Group Work Conference, Atlantic Beach, FL, USA.
- Christian, D. D., **Brown, C. L.**, & McCarty D. L. (2022, Feb.), *Promoting Social-Emotional Learning through Adventure Therapy groups*. 2022 Association for Specialists in Group Work Conference, Atlantic Beach, FL, USA.
- Brown, C. L.** & Smarinsky, E. C. (2021, Sept.), *High stakes!: The use of the GCQ-S in experiential activities*. 2021 Association for Assessment and Research in Counseling Conference, Cincinnati, OH, USA.
- Smarinsky, E. C., **Brown, C. L.** & Christian, D. D. (2021, Sept.), *Do you really know how you feel? The effect of introspection on self-report assessments*. 2021 Association for Assessment and Research in Counseling Conference, Cincinnati, OH, USA.
- Brown, C. L.**, Smarinsky, E. C., & Christian, D. D. (2021, June), *The use of Mountain Biking and Adventure Therapy to Promote Adolescent Self-Efficacy and Resiliency*. 2021 Association for Humanistic Counseling Conference, Virtual.
- Smarinsky, E. C., **Brown, C. L.**, & Christian, D. D. (2021, June), *Effects of a Mindfulness-Based Intervention on Adolescent Introspection*. 2021 Association for Humanistic Counseling Conference, Virtual.
- Vajda, A. J., **Brown, C. L.** & Smarinsky, E. C. (2019, November), *Psychosocial Determinants of Medication Adherence among Persons Living with HIV and AIDS in Mexico City*. 2019 National Council on Family Relations Conference, Dallas, TX, USA.
- Brown, C. L.** & Schulz, L. L. (2019, October), *Gatekeeping: An Institutional Dilemma*. Association for Counselor Education and Supervision, Seattle, Washington, USA.
- Schulz, L. L. & **Brown, C. L.** (2019, October), *Building your instructional expertise: Five axioms every doc student needs to learn*. Association for Counselor Education and Supervision, Seattle, Washington, USA.
- Christian, D. D., Reese, R. F., & **Brown, C. L.** (2019, October), *Learning through Adventure: Using a Study Abroad Experience to teach Nature-Based Counseling*. Association for Counselor Education and Supervision, Seattle, Washington, USA.
- Smarinsky, E. C., **Brown, C. L.**, & Schoonover, T. J. (2019, September), *Navigating the Single-Case Research Design*. Association for Assessment and Research in Counseling, San Antonio, Texas, USA.

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- Brown, C. L.**, Vajda, A., & Paez, R. (2019, September), *Social Capital and Wellbeing among Latinx Individuals: Implication for Physical and Mental Health*. [poster]. Association for Assessment and Research in Counseling, San Antonio, Texas, USA.
- Brown, C. L.** (2019, June), *It's Only Natural: EcoWellness in the Human Experience*. Outdoors Victoria: Education Outdoors Conference, Melbourne, Victoria, Australia.
- Christian, D. D., **Brown, C. L.**, Galluzzo, K., & Kivett, N. (2018, October), *Promoting Social-Emotional Learning Through Adventure Groups*. Association for Experiential Education, Orlando, Florida, USA.
- Christian, D. D., **Brown, C. L.**, Portrie-Bethke, T. (2018, September), *Using Adventure Based Counseling to Increase Self-efficacy and Family Cohesion to Reduce Adolescent Suicidality*. International Association for Counselling, Rome, Italy.
- Portrie-Bethke, T., Christian, D. D., & **Brown, C. L.** (2018, September), *Modalities to reduce the effects of Adverse Childhood Experiences*. International Association of Counselling, Rome, Italy.

Regional

- Brown, C. L.**, Crowley, C. J., & Hunter, S. M. (2023, Spetmeber). *Your brain on adventure therapy*. Zarrow Mental Health Symposium.
- Russo, G. M., **Brown, C. L.**, & Smarinsky, E. C. (2023, September). *Getting started with neurofeedback*. Zarrow Mental Health Symposium.
- Brown, C. L.**, Smarinsky, E. C. & Poafpybitty, J. H. (2022, September). *Family wellbeing through Oklahoma adventure therapy*. Zarrow Mental Health Symposium.
- Smarinsky, E. C., Poafpybitty, J. H., & **Brown, C. L.** (2022, September). *Addressing Indigenous family systems*. Zarrow Mental Health Symposium.
- Brown, C. L.** & Christian, D. D. (2020, November). *Tales from the trails: Using an adventure therapy mountain program to support student success*. WACES Conference, Tuscon, AZ, United States. (Conference canceled)
- Brown, C. L.**, Smarinsky, E. C., & Christian, D. D. (2020, November). *Don't mind me: The effects of a mindfulness intervention on self-perception*. WACES Conference, Tuscon, AZ, United States. (Conference canceled)
- Brown, C. L.** (2019, April) *Breaking the Ice: Valuable Activities for Starting Adventure Groups: University of Arkansas Adventure Therapy Lab*. Arkansas Regional Adventure Programming Conference, Jasper, AR, United States.
- Brown, C. L.**, Bright, P., Broadrick, K., (2018, April), *Improving the Flow of Adventure: Start with the End in Mind*. Arkansas Regional Adventure Programming Conference, Jasper, AR, United States.
- Cook, J. J., Christian, D. D., & **Brown, C. L.** (2017, April), *Using adventure for change: University of Arkansas adventure therapy lab*. Arkansas Regional Adventure Programming Conference, Jasper, AR, United States.
- Brown, C. L.**, Christian, D. D., & Cook, J. J. (2017, April), *Achieving group goals using a modified experiential learning model: University of Arkansas adventure therapy lab*. Arkansas Regional Adventure Programming Conference, Jasper, AR, United States.

Accepted

- Brown, C. L.** & Smarinsky, E. C. (2024, February), *The Use of Adventure Therapy to Enhance Group Processes and Promote Member Resiliency*. Association for Specialists in Group Work Conference, Portland, OR.
- Smarinsky, E. C. & **Brown, C. L.** (2024, February), *Who leads the group? Lessons learned from teaching group counseling courses*. Association for Specialists in Group Work Conference,

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Portland, OR, USA

Brown, C. L., & Christian, D. D. (2023, March). *Learning on Purpose: Using the AT-EcoWellness Framework to Integrate Nature in Education* [Preconference]. 2023 Wilderness Education Association International Conference on Outdoor Leadership, Bentonville, AR, USA.

Brown, C. L. (2022, August), *Using the AT-EcoWellness Framework to Increase the Intentional use of Nature in Adventure Therapy* [Preconference]. 2022 National Wilderness Therapy Symposium, Park City, UT, USA.

Vajda, A. J. & **Brown, C. L.** (2019, October), *Parental Engagement in Schools among Latina Mothers: A Qualitative Inquiry*. 2019 National Latinx Psychological Association Conference, Miami, FL, USA.

Smarinsky, E. C., **Brown, C. L.**, & Suarez, A. (2019, August), *Existential Strategies for Addressing End of Life Issues*. 2019 Association for Adult Development and Aging Conference, Chicago, IL, USA.

Graduate Research Assistantship

June 2018 – Aug 2019

- Conducted qualitative and quantitative research
- Collaborated with diverse research teams and departments
- Provided support to multiple faculty members on research agendas
- Analyzed large data sets for quantitative studies on international and national projects

Lead Graduate Assistantship

Aug 2019 – May 2021

Teaching Experience

University of Oklahoma, Norman, Oklahoma

2021 – present

Assistant Professor; Professional Counseling Program

- Master's level courses
 - Counseling and Human Development
 - Methods and Techniques in Counseling
 - Diagnosis and Treatment in Counseling
 - Counseling Practicum
 - Occupational and Career Counseling
 - Crisis Counseling
 - Child and Adolescent Counseling
- Undergraduate level courses
 - Introduction to Counseling

University of Alaska Fairbanks, Fairbanks, Alaska

Summer 2021

Clinical Mental Health Counseling Program

- Master's level courses (Adjunct)
 - Multicultural Counseling

University of Arkansas, Fayetteville, Arkansas

April 2018 – July 2021

Counselor Education and Supervision

- Master's level courses
 - Basic Counseling Techniques (Instructor of Record)
 - Individual Appraisal (Adjunct)
 - Crisis Counseling (Adjunct)
- Master's level courses (Co-instructor)
 - Counseling Theories

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- Research in Counseling
- Basic Counseling Techniques
- Counseling and Human Development
- Travel/Study Abroad Program to New Zealand

Guest Lecturer/Webinar/Podcast/Featured Article

- Northeastern State University with Amanda Stuckey, PhD and Amy Haas, PhD, Fall 2023; *Counseling Theories and Modalities: Adventure Therapy*
- Association of Experiential Education (Sept. 21, 2023). Adventures in Academia: AT-EcoWellness Framework. *Therapeutic Adventure Professional Group Insights Newsletter*.
- Johnson & Wales University with Evan Smarinsky, PhD, Fall 2023; *Counseling Theories: Existentialism*
- University of Arkansas with David D. Christian, PhD, Spring 2023; *Existentialism in Counseling*
- Johnson & Wales University with Evan Smarinsky, PhD, Spring 2023; *Introduction to Single Case Research Design*
- Southern New Hampshire University (Feb. 28, 2023), *Trauma Informed Care Risk Response: Suicide Intent Assessment* with Torey Portrie, PhD
- OU Department of Psychology Lunch Bunch Guest Lecture Series (Feb. 24, 2023), *Center for Outdoor Therapy and Education*
- Johnson & Wales University with Evan Smarinsky, PhD, Spring 2023; *Introduction to Clinical Mental Health Research*
- JRCoE Scholarly Lunch Dialogue (Feb. 3, 2023). *Developing Motivation and Resilience through Outdoor Adventure Education*
- University of Oklahoma (2022). River Runners Program Studies Motivation and Mental Health in Adventure Sports. *Bridges Magazine*.
<https://www.ou.edu/education/bridges/fall-2022/river-runners>
- JRCoE Scholarly Lunch Dialogue (Oct. 21, 2022). *Use of SCRD Graphs in Counseling*
- McCasland, A. (Host). (Aug. 11, 2022). *Zarrow Mental Health Symposium: Exploring Adventure Therapy with Cian Brown & Evan Smarinsky* [Audio podcast]. Mental Health Association of Oklahoma.
<https://anchor.fm/mentalhealthdownload/episodes/Zarrow-Mental-Health-Symposium-Exploring-Adventure-Therapy-with-Cian-Brown--Evan-Smarinsky-e1mbtie/a-a8c99nk>
- University of Arkansas with David Christian, PhD and Merry Moiseichik, PhD; Summer 2022; *Introduction to Adventure Therapy*
- University of Oklahoma with Kelly Feille, PhD; Spring 2022; *Adventure Therapy and Nature Journaling in Science Education*
- Johnson & Wales University with Evan Smarinsky, PhD; Spring 2022; *Adventure Therapy Groupwork*
- Purcell Rotary Club with Nicolle Carr, PhD; Spring 2022; *What is your mind and body telling you? Use of Bio-Neurofeedback*
- University of South Alabama with Danny McCarty, PhD; Spring, 2022; *Adventure therapy with client's struggling with addiction*
- University of Arkansas with David Christian, PhD and Merry Moiseichik, PhD; Summer 2021; *Introduction to Adventure Therapy*
- Johnson & Wales University with Evan Smarinsky, PhD; Summer, Fall 2021; *Use of Bio-neurofeedback in counseling*
- Yardstick Educational Initiatives, Middle East & UAE; Fall 2020; *Experiential Learning amid the Pandemic (COVID-19) – K12 Context*

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- University of Southern New Hampshire with Torey Portrie-Bethke, PhD; Spring 2019; Modalities used to reduce the effects of Adverse Childhood Experiences
- University of Arkansas with David Christian, PhD; Counseling Theories, Spring 2019; Integrating Technological and Non-Technological Feedback Systems in Counseling
- Ozark Guidance Counseling, Fayetteville, Arkansas 2018; Integrating Technological and Non-Technological Feedback Systems in Supervision

Clinical Experience

Ozark Adventure Therapy, PLLC, Fayetteville, Arkansas June 2019 – March 2021

Co-founder/Licensed Professional Counselor

- Developed and facilitated Adventure Therapy programs in diverse settings
- Collaborated with community organizations to provide training and counseling services
- Provided experiential learning and group counseling services with diverse populations

Integrated Neuro Psychological Services, Fayetteville, Arkansas June 2018 – June 2019

Neurofeedback Clinician

- Provided counseling services using neurofeedback with diverse populations
- Reviewed and interpreted EEG data

Ozark Guidance Counseling, Fayetteville, Arkansas Jan 2018 – May 2018

School-Based Mental Health Professional

- Provided counseling services to students between ages 4 and 18
- Conducted risk assessments and crisis counseling to at-risk students

Lewisville Independent School District, Lewisville, Texas August 2015 – Dec 2018

Special Education Counselor

- Provided counseling services to students between ages 6 and 18
- Conducted risk assessments and crisis counseling to at-risk students
- Constructed and implemented IEP goals
- Developed programs to facilitate counseling groups and sessions with students

UBH – Denton, Denton, Texas Oct. 2015 – April 2016

Mobile Assessor

- Conducted PRN risk-assessments for community and behavioral hospitals
- Provided diagnostic and crisis intervention services for at-risk patients
- Facilitated patient treatment planning and provided additional community services

Wisdom Professional Counseling, PLLC, Plano, Texas March 2015 – March 2016

Licensed Professional Counselor – Intern

- Provided counseling services to adolescents, adults, couples, and families
- Implemented therapeutic interventions to obtain established treatment goals
- Managed and maintained client files in an orderly and confidential manner

Jewish Family Service, Dallas, Texas May 2014 – March 2015

Counseling Intern; Supervisor: Janelle Gibson, LCSW

- Advocated for and counseled adults using individual, family, and group therapy
- Developed and facilitated groups for diverse populations
- Completed diagnostic interviews to assess level of disability
- Collaborated with the evaluation team and helped collect biopsychosocial information

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prior to the clients' assessments

Neurotherapy Associates of Texas, Denton, Texas Jan. 2014 – June 2014

BCIA Counseling Intern; Supervisor: Richard Davis, MS, LPC, BCN

- Provided over 100 hours of direct supervised neurofeedback sessions to clients
- Observed and monitored at least 5 QEEG recordings
- Managed cases and provided supervised neurofeedback sessions at Santé Center for Healing

University of North Texas; College of PACS, Denton, Texas Aug. 2012 – May 2014

Academic Advisor

- Advised 600+ students on degree requirements and class schedules
- Maintained detailed information on undergraduate major degree requirements
- Communicated with prospective students through marketing and recruiting events
- Evaluated transcripts for prospective UNT students
- Assisted students in creating and implementing academic goals

Clinical Supervision Experience

University of Arkansas

Aug. 2018 – May 2021

- Provided individual and triadic supervision to master's level students during practicum and internships

Service

Leadership

Conference Committee, Association for Specialist in Group Work 2022-2024

Conference Committee, Association for Humanistic Counseling 2022-2024

Environmental Concerns Committee, University of Oklahoma 2022-2025

Presidential Appointment

Nominations Committee, University of Oklahoma, Dept. of Educational Psychology 2022-2023

Elected Appointment

School Counseling Coordinator, University of Oklahoma, Professional Counseling

Chi Sigma Iota

Rho Alpha Beta, University of Arkansas 2020-2021

Vice President

Rho Kappa, University of North Texas 2012-2014

Member/Community Outreach

Collaborative for Outdoor Therapy and Education, University of Oklahoma 2021-present

Co-founder, Director

School Counseling Task Force, Oklahoma State Department of Education 2021-present

University of Oklahoma Representative

- Identify training and curriculum standards for state credentialing

Adventure Therapy Lab, University of Arkansas 2017-2021

Assistant Director

- Facilitated and trained masters and doctoral level students in Adventure Therapy
- Facilitated and developed community trainings, workshops, and programs with diverse

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populations including international students, teachers, middle/high school students, etc.

- Led ATL groups to regional conferences and presentations
- Facilitated International Students & Scholars orientation programs
- Co-led students on a 3-week international study abroad program

Watermark/Via, University of Arkansas

2019-2021

Program Liaison

- Supported faculty in transition of online platform and user interface

CACREP Self-Study, University of Arkansas, University of Oklahoma

- Collect and manage program documents
- Organize documentation portfolio for accreditation review

Graduate Dean's Student Advisory Board, University of Arkansas

2020-2021

College of Education and Health Professions Representative

Single Case in the Social Sciences, Co-founder, Co-editor

Thrive Outside & Outdoor Foundation Convening, 2022 Panelist

International Adventure Therapy Journal, Ad Hoc Reviewer

Journal of Experiential Education, Ad Hoc Reviewer

Journal for Specialists in Group Work, Ad Hoc Reviewer

Journal of Outdoor Education and Adventure Learning, Ad Hoc Reviewer

Mindfulness, Ad Hoc Reviewer

Association for Assessment and Research in Counseling, 2021- 2023 Conference Reviewer

Association for Specialists in Group Work, 2024 Conference Committee, 2022, 2024 Reviewer

Association for Humanistic Counseling, 2021, 2022 Conference Reviewer

Western Association of Counselor Education and Supervision, 2020 Conference Reviewer

Southern Association of Counselor Education and Supervision, 2020 Conference Reviewer

Advising & Supervision

Doctoral Advisory Committee Member, University of Oklahoma

- Andy Heuer
- Kerry Frank Schubert
- Sarah Heiniger
- Julie Atwood
- Kevin Muns
- Bre Martin

Professional Counseling Program Advisor, University of Oklahoma

Professional Organizations and Membership

- Institute for Community and Society Transformation (ICAST) Affiliate
- National Board for Certified Counselors (NBCC); NCC Number: 341397; 2014-present
- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- North Central Association for Counselor Education and Supervision (NCACES)
- Association for Assessment and Research in Counseling (AARC)
- Association for Specialists in Group Work (ASGW)

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- Association for Humanistic Counseling (AHC)
- Association for Experiential Education (AEE)
- Chi Sigma Iota (CSI); Membership Number: 1916462

Grants and Awards

- IES, Natl. Center for Edu Research ALN 84.305A (Pending; \$1.65 mil) 2023
Riversport Outdoor adVenture Education Research (ROVER): Promoting Student Social, Emotional, Behavioral and Academic Competencies Through an Adventure Sports Program
- ICAST Seed Grant; University of Oklahoma (\$25,000) 2023
The Impact of the Built Environment on Elementary Students' Social and Emotional Learning
- JRCoE Summer Research Grant; University of Oklahoma (Not funded; \$5,370) 2023
Single-case Research Design is Back...Again
- Faculty Investment Program: University of Oklahoma (Revision required \$15,000) 2023
Social Emotional Learning and the Built Environment
- Faculty Investment Program: University of Oklahoma (Revision required, \$15,000) 2023
Rebalance: A Rural Adventure Therapy Mountain Bike Program
- Faculty Investment Program; University of Oklahoma (\$15,000) 2023
RiverRunners Outdoor Adventure Education Program
- U.S. Dept of Ed. MHSP Demonstration Program ALN 84.194X (\$5.6 mil) 2022-2027
Project Rural Innovation of Mental health Enhancement, PRIME
\$900k distributed each year over 5 years
- Ed Cline Faculty Development Award; University of Oklahoma (\$1,465) 2022
Adventure Education and Therapy Program in Counseling
- JRCoE Summer Research Grant; University of Oklahoma (\$6,000) 2022
Enhancing Motivation and Resilience through Outdoor Adventure Education
- ICAST Seed Grant; University of Oklahoma (Not funded; \$20,000) 2022
Happy Child Project: Outdoor Play and Child Well-being
- ICAST Seed Grant; University of Oklahoma (Not funded; \$20,000) 2022
Enhancing Motivation and Resilience through Outdoor Adventure Education
- JRCoE Summer Research Grant; University of Oklahoma (\$2,846) 2022
Use of Single-Case Research Design within Counselor Education and Supervision
- OVPRP Faculty Travel Assistance Program; University of Oklahoma (\$2,500) 2022
9th International Adventure Therapy Conference, Norway
- JRCoE Research and Travel Award; University of Oklahoma 2022
9th International Adventure Therapy Conference, Norway
- JRCoE Research and Travel Award; University of Oklahoma 2021
Association for Specialists in Group Work Biennial Conference
- Caplan Foundation (Not funded; \$100,000) 2021
Happy Child Project: Outdoor Play and Child Well-being
- Outstanding PhD Student; University of Arkansas 2021
- Outride Bike Fund; BikeNWA, Arkansas Arts Academy 2020
Effects of a Mountain Bike program on Middle-School Students' Resilience

Cian Loren Brown, PhD, LPC-S, NCC, CCAT, BCN-Fellow

- Dr. Genie B. Davis Award; Biofeedback Certification International Alliance 2014